

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2024

9:00 Sunrise Social 1
 10:30 Western Workout
 11:00 1:1 Visits
 1:00 Sing Fit (20)
 2:30 Bingo! (60)
 3:30 Book Club!

9:00 Sunrise Social 2
 10:30 Meditation
 11:00 1:1 Visits
 2:00 Bird Feeder Crafts!
 4:00 Afternoon Strolls

9:00 Sunrise Social 3
 10:30 Trivia
 11:00 1:1 Visits
 1:30 Baking Cupcakes (60)
 3:30 Afternoon Strolls

10:00 Rise and Shine 4
 11:00 Cinco De Mayo Trivia
 1:30 Backyard Strolls
 2:30 Matinee Social
Dirty Dancing

May Day

10:00 Virtual Church Service 5
 11:00 Brunch Bible Study
 1:30 Reviewing Book Club
 2:00 Virtual Wheel of Fortune

Cinco de Mayo

9:00 Sunrise Social 6
 10:30 Arm Chair Yoga
 11:00 1:1 Visits
 1:45 Sing Fit (30)
 2:30 Bingo Blitz (60)
 4:00 Afternoon Strolls

9:00 Sunrise Social 7
 10:30 Jazzercise
 11:00 1:1 Visits
 2:00 Karaoke Klub
 2:30 Book Club!
 4:00 Wind Down Social

9:00 Sunrise Social 8
 10:30 Strength & Stretch
 11:00 1:1 Visit
 1:45 Sing Fit (20)
 2:30 Bingo (60)
 4:00 Courtyard Walk

9:00 Sunrise Social 9
 10:30 Morning Meditation
 11:00 1:1 Visit
 1:30 Raptor Center Outing!
 2:30 Music hour (All houses)
 4:00 Fresh Air Strolls

9:00 Sunrise Social 10
 10:30 Mother's Day Trivia
 11:00 1:1 Visits
 2:00 Mother's Day Tea Party (50)
 3:00 Mother's Day Art
 4:00 Afternoon Walks

10:00 Rise and Shine 11
 11:00 Reviewing Book Club
 1:00 Laundry Cycle!
 2:00 Backyard Breeze Walks
 3:00 Matinee Social
Indiana Jones

10:00 Virtual Church Service 12
 11:00 Bible Study
 1:30 Karaoke! (60)
 2:00 Reminiscing Hour
 3:00 Snacktivity!

Happy Mother's Day!

9:00 Sunrise Social 13
 10:30 National Day Trivia
 11:00 1:1 Visits
 1:45 Sing Fit (30)
 2:30 Bingo Blitz (60)
 4:00 Afternoon Strolls

9:00 Sunrise Social 14
 10:30 Arm Chair Travel
 11:30 1:1 Visits
 2:00 Resident Council
 3:30 Afternoon Strolls
 4:00 Cozy Couch Crafts

9:00 Sunrise Social 15
 10:30 Get Fit Workout
 11:00 Sing Fit (20)
 2:00 Staff Lead Bingo (60)
 3:00 Music from your past
 4:00 Resting & Relaxing

9:00 Sunrise Social 16
 10:30 Meditation
 11:00 1:1 visits
 1:30 Decorating for Summer!
 2:30 DQ Outing!
 4:00 Cozy Couch Crafts

9:00 Sunrise Social 17
 10:30 TGIF Trivia
 11:00 1:1 visits
 1:30 Sing Fit (30)
 2:00 Happy Hour Tiki Bar!
 4:00 Sunshine Strolls

10:00 Rise and Shine 18
 11:00 Laundry Cycle!
 2:00 Bingo! (60)
 3:00 Matinee Social
Sabrina

Armed Forces Day

10:00 Virtual Church Service 19
 11:00 Bible Study
 2:00 Giant Connect Four
 3:00 Snacktivity!
 4:00 Music Hour

9:00 Sunrise Social 20
 10:30 Hips & Sits
 11:00 1:1 Visits
 1:45 Sing Fit (30)
 2:30 Bingo Blitz! (60)
 4:00 Afternoon Strolls

Victoria Day (Canada)

9:00 Sunrise Social 21
 10:30 Arm Chair Yoga
 11:00 1:1 Visits
 2:00 Tye Dye Club!
 3:00 Music in the courtyard!
 4:00 Fresh air walks

9:00 Sunrise Social 22
 10:30 Morning Stretches'
 11:00 1:1 visits
 1:45 Sing Fit (20)
 2:30 Bingo (60)
 4:00 Resting & Relaxing

9:00 Sunrise Social 23
 10:30 Arm Chair Boxing Class
 11:00 1:1 visits
 2:00 Balloon Volleyball
 3:00 Reminiscing Hour
 4:00 Afternoon Walks!

9:00 Sunrise Social 24
 10:30 Dance Klub
 11:00 1:1 Visits
 2:00 Book Club
 3:30 Snacktivity!
 4:00 Bonanza & Popcorn

10:00 Rise and Shine 25
 Group
 11:00 Virtual Wheel of Fortune
 1:30 Laundry cycle!
 2:00 Bingo (60)
 3:00 Snacktivity!
 4:00 Fresh Air Walks

10:00 Virtual Church Service 26
 11:00 Bible Study
 2:00 Reviewing Book Club
 3:00 Dance Klub
 4:00 Resting & Relaxing

9:00 Sunrise Social 27
 10:30 National Day Trivia
 11:00 1:1 Visits
 1:45 Sing Fit (30)
 2:30 Bingo Blitz! (60)
 4:00 Afternoon Strolls

Memorial Day

9:00 Sunrise Social 28
 10:30 Pilates!
 11:00 1:1 visits
 2:00 Mini Me Volunteers!
 3:00 Picnic at the Park!
 4:00 Fresh Air Walks

9:00 Sunrise Social 29
 10:30 Stretch and Strength
 11:00 1:1 Visits
 1:30 Sidewalk Art Competition!
 3:00 Snacktivity
 3:30 Music in the Courtyard

9:00 Sun rise Social 30
 10:30 Inspiring Art
 11:00 1:1 Personal Visits
 2:00 Karaoke Klub
 3:00 Crafting May Flowers
 4:00 Balloon Volleyball

9:00 Sunrise Social 31
 10:30 Spring Trivia
 11:00 1:1 Personal Visits
 2:00 Book Club
 3:00 Monthly Birthday Celebrations for All!
 4:00 Afternoon Stroll